FAENA JOURNAL JANUARY/FEBRUARY 2020

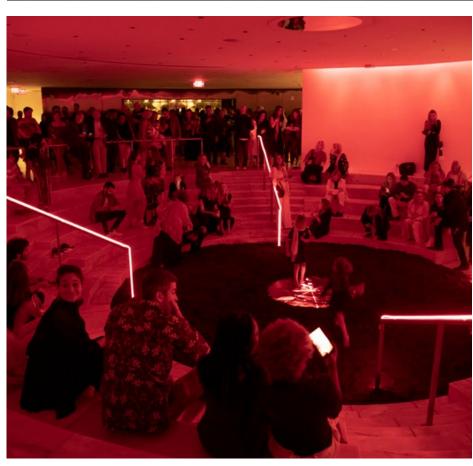




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ARTS Miami Art Week in Review: Faena Festival "The Last Supper" / RETAIL Curio at Faena Bazaar / ENTERTAINMENT The Cook, The Thief, His Wife & Her Lover / RESORT Weddings at Faena / Suite Delight Program / EPICUREAN Gitano at Casa Faena / Cafe Crema at Faena Bazaar / WELLNESS A Fresh Start / FAENA ROSE / BUENOS AIRES Summer in BA / Faena Hotel Buenos Aires: 15th Anniversary / ALEPH / CALENDAR









Faena Festival: Food & Spirit

Last Supper", was a spotlight in the weeklong creative vortex that is Miami Art Week. Faena commissioned a roster of artists to create installations across mediums that explored the intersection of spirituality and food in contemporary art.







Cover: Gabriel Chaile "Renacimiento (Renaissance)" site-specific installation at the Path of The Warrior, Faena Hotel Miami Beach // Left page. View of the site-specific installations at Faena Forum: Camille Henrot "Saturday"; Sophia Al-Maria "Limerent Object II"; The Propeller Group "The Living Need Light, The Dead Need Music" // This page: Myrlande Constant "Rasanbleman soupe tout eskòt yo" site-specific installation at Faena Hotel's Cathedral; Emeka Ogboh "The Last Supper" custom beer; from left to right: Juliana Steiner (Faena Art), Nicole Comotti (Faena Art) James Davis and Madelaine Botet de Lacaze (Lunafridge), Jim Denevan, Janine Antoni, Alan Faena, Emeka Ogboh, Myrlande Constant, Sophia Al-Maria, Camille Henrot, Zoe Lukov (Faena Art), Gabriel Chaile, and

FAENA FORUM

Sophia Al-Maria's newest video installation Limerent Object II focused on myths and ritual in relation to a new imagining of the mythical Persephone/Kore figure, worshipped by the Eleusinian cults to ensure prosperity through food security. Camille Henrot's film Saturday, explored food and technology within the Seventh-Day Adventist Church and their relationship with the apocalypse. The Propeller Group's film The Living Need Light, The Dead Need Music showcased the elaborate, ritualistic funerary rites of the southern Vietnamese.

FAENA HOTEL MIAMI BEACH

Haitian artist Myrlande Constant was commissioned to create two extensively-beaded Vodou flags in her signature, intricate style in addition to being installed alongside a series of pre-existing flags in the Cathedral of the Faena Hotel. At Rasanbleman soupe tout eskòt yo, the flags are both contemporary paintings and sacred objects to which one might leave a ceremonial offering or dedicate a prayer. Along the Path of the Warrior, Argentine artist Gabriel Chaile constructed Renacimiento (Renaissance), a collection of six

totems that appeared as almost pre-Columbian wayfinders or sentinels. These works acted as spiritual talismans reminiscent of praying supplicants, with one fantastical creature, part animal/part machine that also functioned as an oven for baking bread. Also at the hotel, guests could taste a beer commission by Berlin-based Nigerian artist Emeka Ogboh's in collaboration with Biscayne Bay Brewing—a honey-brown ale with notes of lime and pepper—featured African and indigenous ingredients and contemplated the intersection of gustatory experiences, immigration and globalization.

FAENA JOURNAL JANUARY/FEBRUARY 2020



CINEMA SERIES + MOBILE VIDEO INSTALLATIONS

The mobile video installations screened on an LED billboard boat on the waterways of Miami Beach included new commissions by Osías Yanov and Lulo Demarco's Tonge Nap, and Jamilah Sabur, obra. These new commissions were shown on loop with seminal works including Janine Antoni's Touch, Jillian Mayer's You'll Be Okay and Ana Mendieta's Creek and Alma Silueta en Fuego. Food and spirituality appeared again in selections from the Cinema Series, including Yael Bartana's Inferno, an exploration of the construction of the third Temple of Solomon in São Paulo by a Brazilian Neo-Pentecostal Church between many others.

FAENA BEACH

Chinnese artist Zhang Huan participated with Miami Buddha—two monumental statues of Buddha; one cast in aluminum, the other an ephemeral piece made of incense ash imbued with the prayers of untold worshippers from around China, reflecting on the impermanence of life, the cyclicality of destruction and renewal and reincarnation.

SUPPER SERIES

Artist Jim Denevan's perfectly circular wooden table, A Common Circle, accommodated 360 diners to break bread and convene together. The masterwork signaled flexibility and mutation in our experience of faith, forging new connections between the gustatory and sacred. Faena's star chefs Francis Mallmann and Paul Qui helmed two openair, open-fire dinner fusing an amalgam of flavors that drew on the basic elements of fire cooking. The table also included an astrological dinner by the formatless collective Lunafridge and a sunset dining experience by Outstanding in the Field.

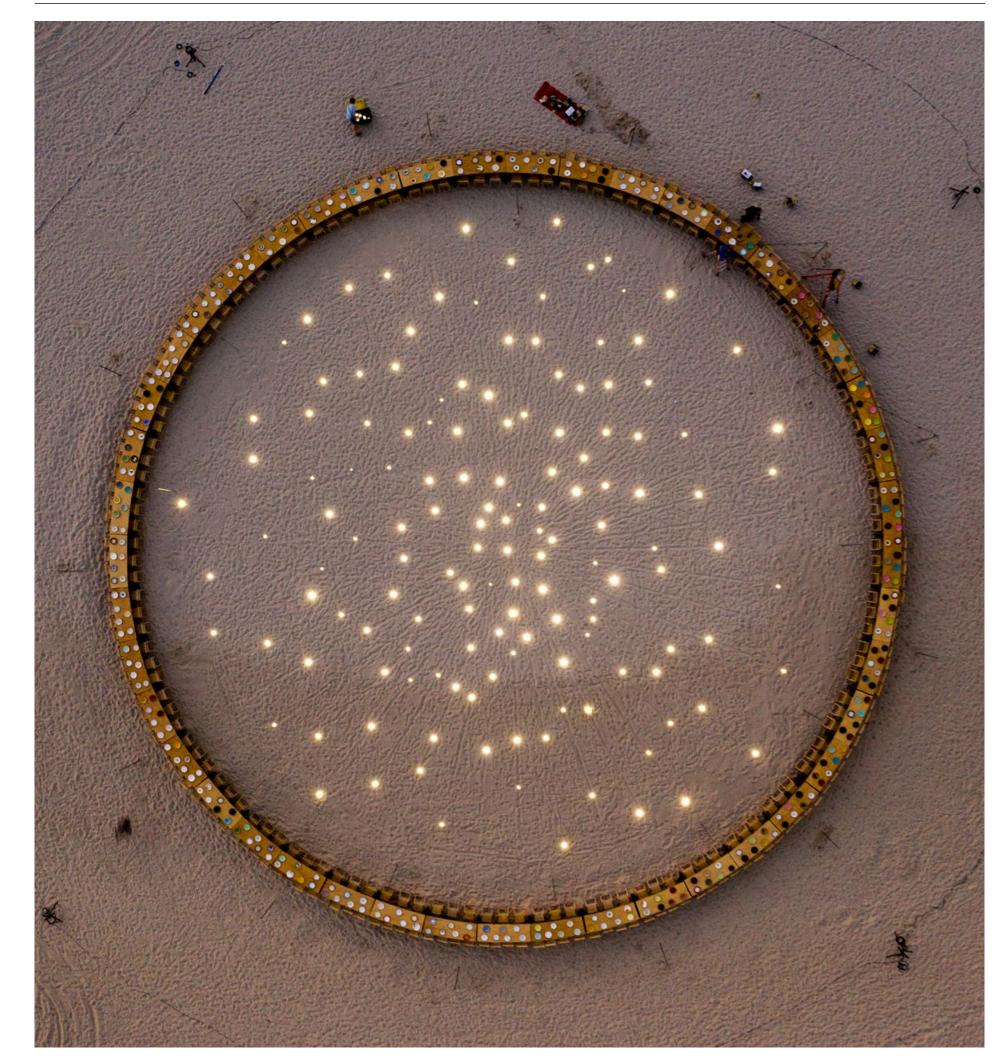
HEALING SERIES

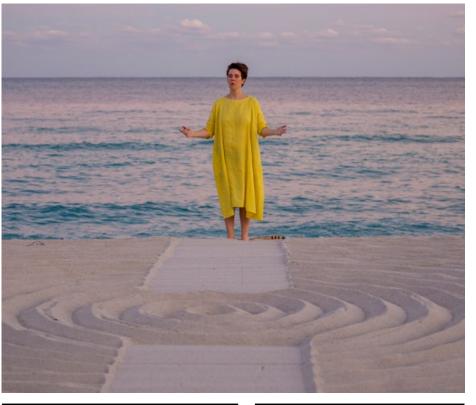
Tierra Santa Healing House blended the lines between art and spiritual serenity with sunset beach yoga sessions, seaside meditations, participatory performances by Lunafridge, astrological Ayurvedic readings, and sound crystal healing with sacred mantras that encouraged guests to mindfully tap into their inner energy to raise the vibration of the whole.

For more information, follow Faena Art on Instagram (@FaenaArt) and visit www.faenafestival.com or www.faenaart.org

This page: Zhang Huan "Miami Buddha" / Following page, left: Jim Denevan "A Commom Circle"; Lunafridge performance; Women In The World dinner at Jim Denevan's table / Following page, right: Ana Mendieta "Alma Silueta en Fuego" and "Creek"; Jillian Mayer "You'll be OK"; Osías Yanov and Lulo Demarco "Tongue Nap".



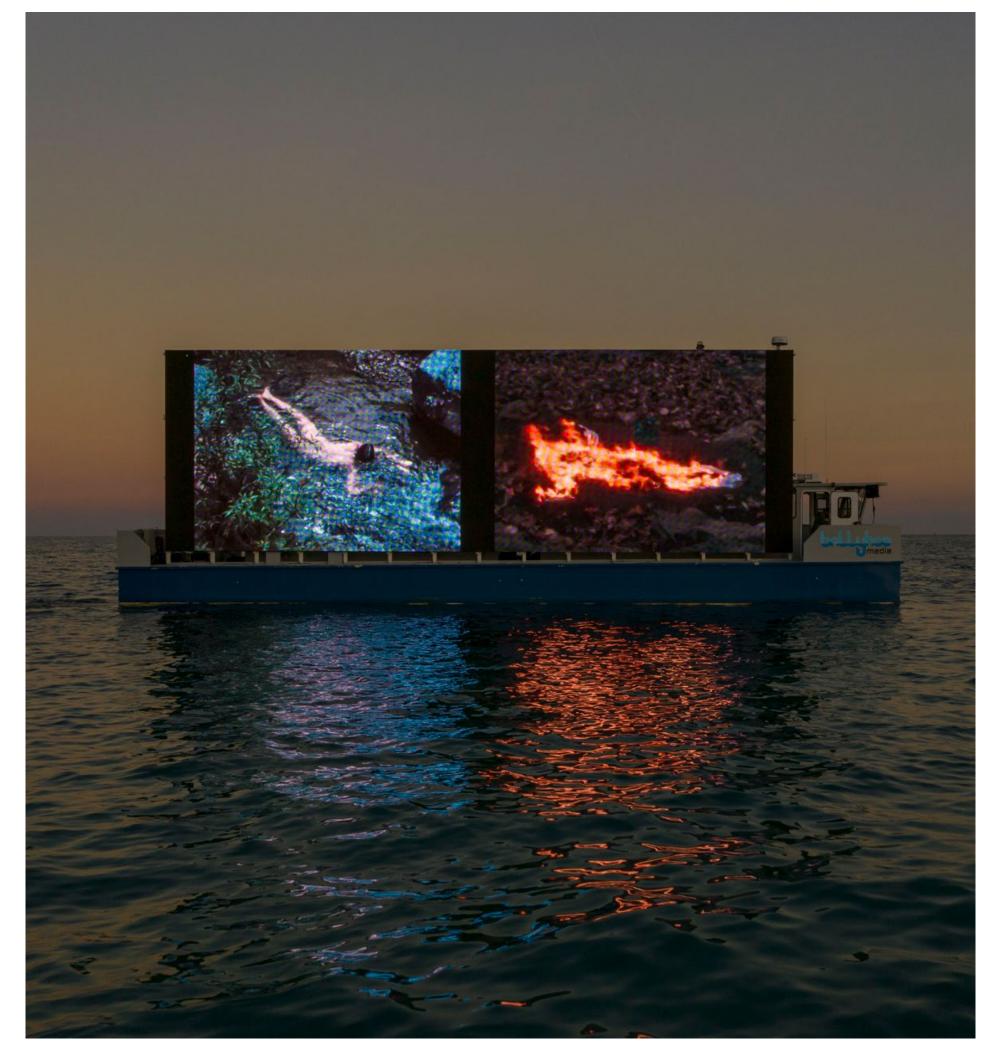




FAENAART.ORG

FAENAFESTIVAL.COM













Faena Art Week Highlights

Miami Art Week's annual congregation of contemporary art lovers and the world's fashionable jet-set never fails to fuel a frenzy of celebrity-filled exhibitions, glossy nightlife pop-ups and exclusive VIP parties.

Alan Faena kicked off Miami Art Week with an intimate gathering in his home celebrating Dom Pérignon's latest limited-edition collection of Champagne under creative director Lenny Kravitz. A star-studded guest list included Kravitz, Sean Penn, Rosario Dawson, Princess Eugenie, Peter Dundas, Paris Hilton, and more. Dinner, held in Faena's expansive backyard home, had a Last Supper theme inspired by Faena District's second annual arts festival.

Thanks to the great support of Alfa Romeo, guest and friends of Faena were able to enjoy a full week of rich arts and cultural programming at the District. Château La Gordonne was poured throughout the hotel during the Faena Festival including the provocative Supper Series Opening Night sponsored by Swiss label Chopard. Argentine grillmaster Francis Mallmann and star chef Paul Qui hosted a beach cookout under the stars with a mash-up of Latin and Asian flavors that took guests on a sybaritic journey, while artist Jim Denevan feasted with 360 guests at his monumental circular table topped with food for body and soul. Gabriel

Chaile's artwork lined Faena Hotel Miami Beach's Path of the Warrior, where guests snacked on complimentary bread baked in his functioning oven, as well as fortune cookies made by the collective Lunafridge and sipped on artist Emeka Ogboh's custom honey ale beer.

Maison St-Germain festooned Faena's beloved Tree of Life with one thousand handmade blessings in the form of flags by Moral Turgeman, with the creative direction and landscape design by Studio Lily Kwong. And those attending the Festival's Talk Series which was co-curated with Tiana Webb Evans and included prominent insiders like journalist Tina Brown and artist Faith Ringgold, curator Jose Diaz and artists Chloe Wise, Kennedy Yanko and David Antonio Cruz, were generously refreshed by Perrier, East Imperial, Red Bull, Illy coffee, and Tito's Bloody Marys.

For more information, follow Faena Art on Instagram (@FaenaArt) and visit www.faenafestival.com or www.faenaart.org







Left: Tina Brown in conversation with Faith Ringgold; Francis Mallmann & Paul Qui dinner served on Jim Denevan's table during the opening night of the Festival / Right: artist Gabriel Chaile preparing bread on his functional oven sculpture; Talk Series: artists Raquel Cecilia Mendieta and Catherine Gardère; The Last Supper Faena Art + Dom Pérignon dinner at Alan Faena's house / Below: Alan Faena and Lenny Kravitz





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FAENA THEATER PRESENTS:

The Cook, The Thief, His Wife & Her Lover



Lust, Murder Dessert... Bon Appétit! Faena Theater's highly anticipated new show The Cook, the Thief, His Wife & Her Lover, based on the critically acclaimed film by Peter Greenaway, is now showing.

Brace yourself for a spellbindingly sadistic story brought to life by reimagined pop music, riveting dance, and outstanding food and drink.

Here a dramatic love triangle narrated by the restaurant's omniscient waiters unfolds between a ruthless restaurant owner, his wife and her lover. Crafted to seduce your every sense, the restaurant comes to life with a three-course menu from Miami culinary luminary Michelle Bernstein—a Michelin-starred James Beard winner—who puts a distinctly Floridian twist on classic French and European cuisine. (Find *more details about the menu below)*

Actors blend seamlessly with the waitstaff as they wend their way through the audience, inviting you to participate and challenging you to question your deepest human instincts.

Channeling elements of classic film noir, Faena's new boundary-pushing production will keep you on the edge of your seat as it blurs the lines between fantasy and reality while maintaining the highest fidelity of dramatic excellence.



Shows Thursday – Sunday. In-house guests may dial the concierge at 4021 for reservations. For tickets and more information, visit www.faenatheater.com

A DELICIOUS MENU BY CHEF MICHELLE BERNSTEIN



Michelin-starred James Beard winner, Michelle Bernstein, crafted a menu to seduce every sense.

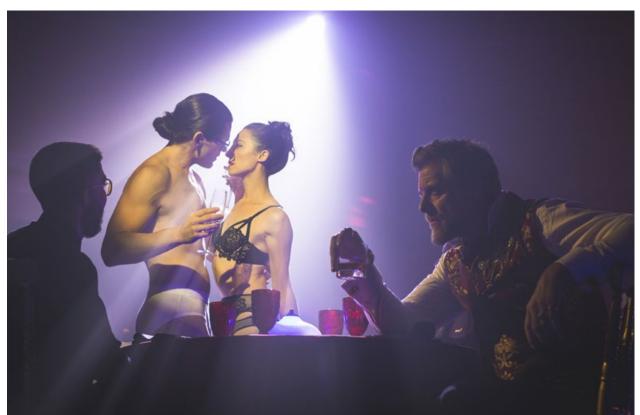
Bernstein's two mouthwatering multicourse menus come with a haute vegan option. Diners will find her renowned culinary prowess expressed in dishes of deconstructed ceviche with either a medley of fresh seafood or exotic fruits and vegetables.

The main course features a succulent Wagyu Short Rib Wellington with wild mushrooms and foie gras nage or a Jack Fruit and Five Spice Dusted Tofu with trumpet royal mushrooms and baby bok choy. For a blissful finish, guest are served white and dark chocolate spheres that are so delicious they may steal the show.

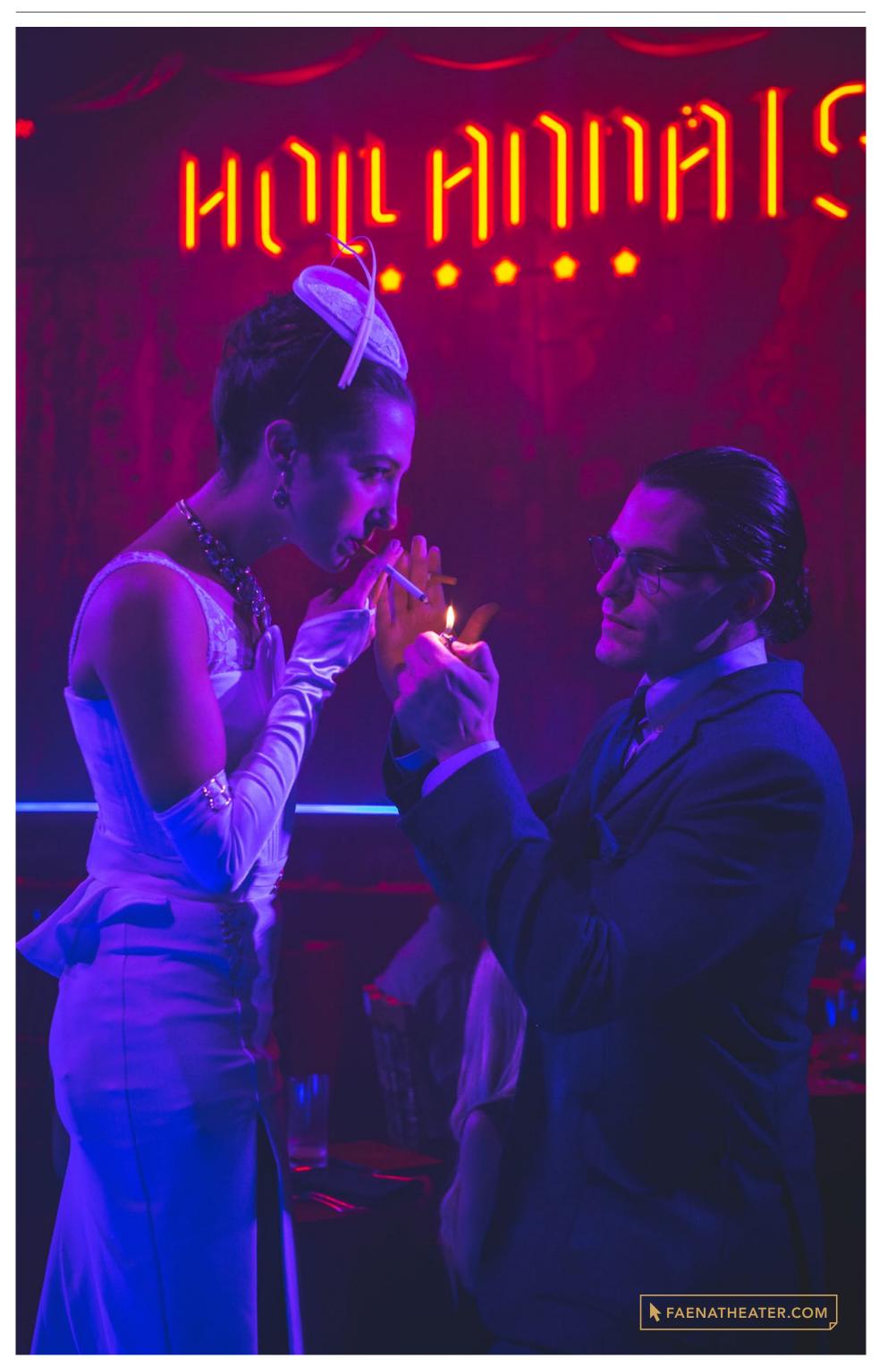












BOY GEORGE TALKS ABOUT HIS SONG

Faena Theater's New Show

Has An 80s Musical Soul

Faena Theater's new hauntingly delicious dinner and immersive theater production, features a dramatic theme song penned by British music icon **Boy George**. He talks about his experience writing the song and his creative influences.



Blurring the lines between fantasy and reality, Faena Theater's new boundary-pushing production keeps viewers on the edge of their seats until Boy George's song closes out the performance in a showstopping crescendo. "People will leave feeling emotionally and mentally stimulated," he says, and without a doubt, humming the smash song's catchy chorus for days to come.

How did this project come about? I've worked on other musicals and it's something I really enjoy doing, so I was delighted to be asked by Unigram Theatrical. I remember the film when it first came out and it was fun to rewatch it and try to come up with a song that summed up the whole story in as precise a manner as possible. I think we pulled it off.

What was the creative process like?

I enjoy being given a narrative to play with, with a set of words and ideas. I loved doing it and it's definitely something I want to do more of. I love musicals, especially old classic ones, and this whole interaction with audience and new way of doing theater is very exciting.

What inspired you from the film in order to create the song? The whole complicated love triangle. You sort of wonder why this woman has been drawn to this unpleasant bug of a man. We all love to see the woman get revenge, don't we?

What were your creative influences?

I call the chorus the "Bowie Mambo." It has a bit of a Bowieesque tone to it because a lot of what I do is inspired by Bowie. And since Faena has an Argentinean core to it, that inspired me to write music that was a bit more Latino. The rhythm of the track nods to the Argentine tango. How does the song reflect the show?

The song really captures what the story is about, which is what I really resolved to do. It's very celebratory and uplifting but has a dark underbelly, much like the nature of the show. People will leave the theater feeling emotionally and mentally stimulated.

THE COOK, THE THIEF, HIS WIFE & HER LOVER Shows Thursday - Sunday

Shows Thursday – Sunday. For tickets and more information, visit www.faenatheater.com

LIVE ENTERTAINMENT AT THE LIVING ROOM & THE SAXONY BAR

THE LIVING ROOM

Winter welcomes back some of our favorite live performers and DJs, including Javier Garcia, Mark Beverly Trio, Sir Portela, Mi Dulce Son, Sol + The Tribu, Trio Cubano, The Usual Suspects, Alejandro Elizondo Trio, Jackie Mendes, Jahzel Dotel, The French Horn Collective, Louis Amanti, Write Sounds Jazz, DJ Funky Therapy, DJ Richie Hell, DJ Mojody, Dj Giovanetti, Dj Ella Romand, DJ Sire, DJ Diego Ciaramella, DJ DiscoRocks, and DJ Fabian Giannattasio, among many others and special guests

LIVE MUSIC & DJ SETS

Daily / 9:00 pm

VINYL NIGHT

Tuesdays / 8:00 pm

THE SAXONY BAR

Meet us on the dance floor at The Saxony Bar this month with live sets by Diego Harispe, Danny Stern, DJ Rob Riggs, DJ Yissel, Dj Chizzle, among others. (Insider tip: On Thursday nights, join us and host Alisha Talbot for El Secreto, an exclusive late-night soiree featuring live entertainment and surprise performances.)

LIVE DJ SETS
Thursday - Saturday / 10:30 pm

Reservations at Saxony Bar are required, and strongly encouraged for The Living Room.
In-house guests may dial the concierge at 4037 for reservations.

WINTER FEATURED COCKTAIL SMOKE & SPARKS

A little mystery and magic is just what we need to start the new year. Ring in 2020 under our majestic Unicorn and a taste of our Smoke & Sparks signature cocktail. An intriguing blend of Roca Patrón Reposado Tequila, Del Maguey 'Vida' Mezcal, Jalapeño, and Fresh-Pressed Lime, Smoke & Sparks is our refreshing welcome to the year.

Available at Pao

Wedded Bliss

at Faena Forum

What makes Faena Forum a choice destination for wedding celebrations? "It's a beautiful, unique, blank canvas," says wedding planner Andi Dyal, and offers milestone experiences available nowhere else.



Couples are drawn to Faena's non-traditional spaces because it allows them to infuse their own unique style and artistic expression to create their fairytale dreamscape in venues as varied as the rose marble amphitheater to the jaw-dropping 43,000-square-foot geometric monument with more than 400 unique windows. Dyal refers to Faena Forum as the "Lady Gaga" of wedding destinations: never what you'd expect, but everything you could ask for.

While planners typically have to dodge limitations in traditional ballrooms, the Forum has none. "The shape is interesting, the multiple levels are exciting for the guests, and the white walls allow us to create a different experience for each event for our clients," she explained. "You have complete control of inventing any environment you want and it works because you're not

working against something in the space."

Dyal is drawn to Faena for the culture, colors, entertainment and convenience of the Faena District. "The property is in a class of its own," she said. Its unmatched marvels and endless options delight not only the wedded couple, but their guests as well. "You can have them stay on property, lounge on the beach all day, have dinner at Los Fuegos at night, blow them away with a wedding at the Forum and an afterparty in the theater, and finish up with a Sunday brunch on Pao's spectacular terrace," she said. "It's nothing short of fabulous."

For more information on weddings and special events at Faena, please contact the Faena Event team at events-miamibeach@faena.com or +1 786 810 7025



THE SUITE LIFE

It's a new year and it's time to dream bigger. Upgrade your holiday with Faena's Suite Dreams experience.

As soon as you touch down at the airport, a chauffeured transfer is waiting to zip you to the hotel. Upon checking into your artfully-appointed suite overlooking sweeping ocean vistas, a dedicated butler is on hand to unpack your luggage and cater to your every need, from restaurant reservations to booking your complimentary 50-minute spa treatment at Tierra Santa Healing House. Other perks include daily breakfast, valet parking and late check out, all complimentary of course, as well as a waived resort fee. Make the most of a \$100 resort credit with a range of unmatched experiences including shopping one-ofa-kind designer items at Faena Bazaar, epicurean adventures at Pao by Paul Qui or Francis Mallmann's Los Fuegos, craft cocktails at The Living Room and Saxony Bar, or an evening in Faena's intimate red-velvet theater to behold its compelling new show, The Cook, The Thief, His Wife & Her Lover.



For more information or to book, dial Reservations at + 1 844 733 4190 or email reservations-miamibeach@faena.com FAENA JOURNAL JANUARY/FEBRUARY 2020

Gitano at Casa Faena

Alan Faena and Grupo Gitano have collaborated to bring a taste of Tulum and the Yucatan to Miami Beach, to Faena District's very own charming beachside hotel, Casa Faena.

Gitano Miami at Casa Faena is a tropical oasis comprising of a dining room, outdoor terraces, bar & lounge, and rooftop terrace, all inspired by the tropical jungles of Tulum, Spanish-Colonial towns of the Yucatan Peninsula, and featuring a signature modern take on Mexican and Mayan food and beverage that is elevated, and delicious. The menu features some

Guacamole served with crudités and totopos and the Grilled Avocado with ponzu, almonds and worm salt, alongside elevated tacos. Everything is for the table and recommended to be shared. Consulting Chef is Mads Refslund, co-founder of Noma. Consulting Beverage Director Jeremy Strawn—an owner in Mulberry Projects and formerly

of Death & Co—consulted with Miami's top bartending talent to create a cocktail menu composed of refreshing tropical libations with an emphasis on Mexican spirits and fresh seasonal ingredients.

Reservations can be made at www.sevenrooms.com/reservations/

gitanoatcasafaena





CAFE CREMA OPENS AT FAENA BAZAAR

By the end of January, Faena Bazaar is set to welcome its first café: Crema Gourmet Espresso Bar. Already a neighborhood favorite in both South Beach and Coral Gables, the restaurant brings its warm atmosphere, quality food and friendly service to Miami's Mid-Beach area.

Locals love to gather in Crema's bistroinspired digs fitted with warm reclaimed wood, leather wing chairs and black and white mosaic tile to sip delicious ILLY espressos, cappuccinos and lattes. Set in a stylish retail paradise, the cozy café is the perfect place to refuel after a rooftop yoga class, enjoy a salad in the sunlit courtyard, or share a coffee with friends during an afternoon shopping

Set to open for breakfast, brunch and lunch, guests can order from an ample menu of freshly-pressed juices, smoothies, leafy salads, baguette sandwiches and patisserie treats. Conscious eaters will be pleased to know there's plenty of vegan, vegetarian and gluten-free options. Buen provecho!

Follow @faenabazaarcurio on Instagram and Facebook to stay up-to-date on the latest trends, special offers, events & more!





A Fresh Start at Tierra Santa Healing House

Commit to your resolutions and harness the uplifting energy of a new year through a healing combination of yoga, chakra alignment, meditation, and more.

Skilled yogis lead daily Hatha and Kundalini yoga classes in Tierra Santa's airy studio, and on Mondays and Fridays Lina Pinilla taps into elemental energy with sunset yoga on Faena Beach. On February 22, experience the power od Super Brain Yoga.

Spa Director Agustina Caminos guides powerful Twin Hearts meditations every day on a complimentary basis, and to clear traumas and blockages passed down through generations, join Eric Lopez's Shamanic Family Constellation Workshop on January 9 and February 6.

On January 10 and February 9, Caminos guides guests through a celestial meditation under the glow of a full moon: "We cleanse the solar plexus chakra and activate the heart and the crown chakras to cultivate lovingkindness and divine love," she explains.

Faena's bimonthly full-weekend Pranic **Healing workshops**, also led by Caminos, will take place all year long. On January 11 and 12, participants will learn the intricate anatomy of energy fields to accelerate healing, improve interpersonal relationships and maintain a positive state of wellbeing. "Guests also learn how to do divine and distant healing," says Caminos, "*It's a lifechanging workshop*." An Advanced Pranic Healing Workshop will be held on February 22 and 23.

Tierra Santa closes the month of January with an Astrology and Ayurveda workshop on January 23 and a **Daybreaker Miami** dance and yoga party on January 25. February brings special events dedicated to love: Yoga for Couples, Twin Hearts Meditation, and an Astrology and Ayurveda for Love workshop, all on February 14.

In-house guests may dial Tierra Santa at 4370 for reservations. For more information and spa bookings, please email spamiami@faena.com or call +1 786 655 5570.



Twin Hearts Meditations With Agustina Caminos 3:00 pm - Faena Beach



EVERY

Kundalini Yoga* With Atmajeet Kaur 5:00 pm - Tierra Santa Studio



EVERY Sunset Beach Yoga* With Agustina Caminos & Lina Pinilla

5:00 pm - Faena Beach

\$25 per class / 10 classes \$200 / Full Month Pass \$300



Shamanic Family FEB Constellations. With Eric Lopez 6:00-9:00 pm

Tierra Santa Studio - \$55 **Full Moon Meditation**



With Agustina Caminos 6:00-8:00 pm - \$30



Pranic Healing Workshop JAN With Agustina Caminos 10:00 am - 6:00 pm Tierra Santa Studio – \$400



Astrology & Ayurveda Workshop 6:00-8:00 pm



4:30-9:00 pm - Faena Beach Registration at www.daybreaker.com/city/mia/



Workshop. 6:00-8:00 pm Tierra Santa Studio – \$50



FEB Advanced Pranic Healing Workshop. With Angela Barros 10:00 am – 6:00 pm

Tierra Santa Studio – \$400



SuperBrain Yoga. With Agustina Caminos. 3:00-7:00 pm Tierra Santa Studio – \$135

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Faena Rose Miami's Premiere Arts and Culture Club

Faena Rose is our art and culture-based private members club, which brings together a dynamic community of likeminded individuals through a robust, year-round calendar of the most engaging and transformative cultural experiences.

We look forward to kicking off the year with the return of **Daniel Franklin**, the Executive Editor of *The Economist* magazine, who will discuss "*The World in 2020*" and share his forecasts on major news topics for the year ahead.

We'll also be joined by celebrated artist **Zoe Buckman (6)** for an intimate dinner and conversation about her multidisciplinary work that explores themes of Feminism, mortality, and equality. For our dance enthusiasts, we will host a performance by Ailey II (1) followed by a conversation with the Artistic Director **Troy Powell.** Members will also enjoy an intimate conversation with James Beard Award winner Chef Marcus Samuelsson (2) where he will share inspirations and the creative process behind his soulful dishes. **Fred Hochberg**, the former President of the Export-Import Bank of the United States, will also be joining us for an eye-opening conversation about his career and new book: *Trade Is Not a Four-Letter Word: How Six Everyday Products Make the Case for Trade.*

Looking beyond January and February, our 2020 calendar is filled with exciting programming that continues to connect Rose members with today's top-thinkers and international talent.

See some highlights below:

- *How to Be an Artist* with Pulitzer Prize winner **Jerry Saltz** (3), Conversation & Dinner
- Fashion Designer Prabal Gurung,
 Conversation & Dinner
- SOBEWFF Dinner: Chef Tomas Kalika & Chef Francis Mallmann
- Spanx founder and philanthropist Sara

 Plakely, Convergation & Dinner
- Blakely, Conversation & Dinner
 Wonder Woman 1984, Pre-Release
- Screening
 Beyond the Visible: Hilma af Klint with

Director Halina Dyrschka, Pre-Release

- Documentary Screening + Q&A (4)
 From Market to Chef's Table: Lima, Peru,
 Cultural Excursion (5)
- *Mae West: I'm No Angel* with awardwinning filmmakers **Michael Kantor, Sally Rosenthal,** and **Julia Marchesi,** Pre-Release Documentary Screening + Q&A
- Paul Taylor Dance Company with Artistic Director Michael Novak, Performance & Conversation
- In the Heights, Pre-Release Screening
- A series of ecological day trips to the Bahamas in collaboration with Tropic Ocean Airways, Cultural Excursion
- Theater series in collaboration with Miami New Drama, Performance & Conversation
- And exciting monthly family programming

For more information about Faena Rose, contact rosemembership@faena.com Follow @Faena.Rose on Instagram for more highlights, happenings, and everything in between.















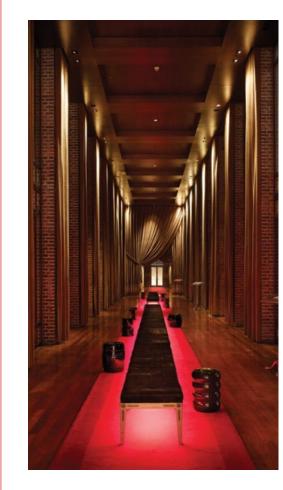


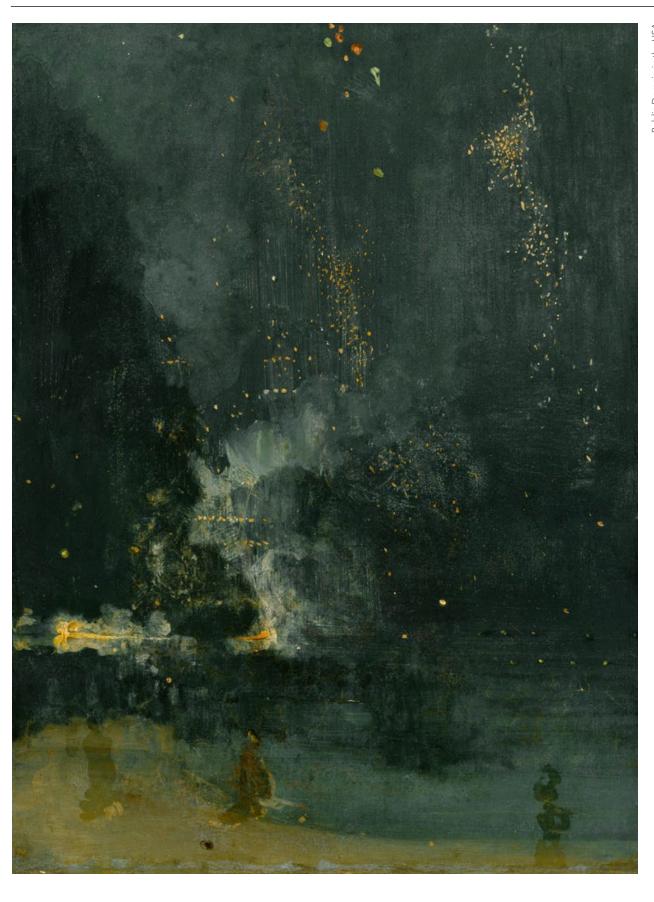
A BIG BANG IN THE FAENA UNIVERSE

It's been 15 years since visionary Alan Faena transformed the forsaken docklands of Puerto Madero in Buenos Aires into a cosmopolitan nexus of art, gastronomy, hospitality and world-class entertainment.

Celebrate Faena Hotel Buenos Aires' 15th anniversary in ultimate style. Stay in one of hotel's five designer suites for three nights and enjoy a fourth night on the house. Each suite embodies the genuine style and creative vision of owner Alan Faena with handpicked artwork from local artists, books that inspire him, and objets d'art he's picked up along his travels. Get seduced by their enviable city views, gilded accents that brighten the Presidential and Imperial suites and the stunning teardrop crystal chandelier that shifts colors in the Tower Suite. Its Faena's imitable character and whispers of Belle Époque elegance that keep it the most coveted address in town.

Reservations can be made at +54 11 4010 9070 or at reservations@faenahotels.com. For more information on Faena Buenos Aires, visit www.faena.com/buenos-aires





The Surprising Fecundity of Unfulfilled Promises

How many times have you checked off a single one of your New Year's resolutions? Is it time to accept that you'll never fulfill them?

The end of a year—or some other significant period—is often accompanied by a reflective mood which leads us to consider past experiences, changes, achievements, and our pending or unfinished projects. All that we might have done and which, for some reason, we never carried out. This last can provoke some suspicion and even a feeling of frustration. This is especially so when we think of the intentions and themes that have been recurrent in our lives and that we can't obtain. Others initially seemed very simple but ended up abandoned. Not for nothing is all of this indicated in humor, how the gyms are as crowded in January as desert in December. What's necessary to meet these goals?

If we were to ask this question to a dozen people, it's very likely that many would reply with ideas like

willpower, perseverance, and a firmness of intention. Others might advise us on methods for adopting new habits. They might speak of scheduling, strategies, and even tricks for "deceiving ourselves" to get what we want. In all these cases, majority opinion encourages "ability," that is, to overcome our doubts, to calibrate our sights, and thus with a newly determined step, to conquer what we want so badly.

But isn't that exactly what we've done all along? We set ourselves to a task. We take the first steps toward to achieving it. We make plans. We dedicate time. That is, we subject it to will. And so? What happens? Have you never thought, "if you can dream it, you can achieve it"? With a certain subversive spirit, it might be convenient to think differently of these goals, repeated as they are, in our New Year reso-



lutions. Maybe, after so much insistence, it's time to accept that we can't. The idea may seem defeatist and may be, therefore, rejected. Before abandoning the reading of this article, we ask that you allow us to present a few arguments.

What's wrong with accepting that we can't do something? Nothing really. In fact, if we review just briefly the biographies of prominent people, in all areas, we'll discover that the history of their achievements is inseparable from the history of their defeats. We now dread the idea of "inability." There's a kind of shame in accepting that we can't, largely because contemporary culture lives under quite the opposite idea. Our supposed unlimited capacity is to always be able, and with everything, to think that our will is always sufficient to obtaining whatever we may want. What might happen if we accepted that we can't? From the start, we feel relief. The pressure of power is usually overwhelming and, in that sense, giving it up is experienced as walking away from a burden, or freeing yourself from a great weight. It's not a defeat because we're not accepting that we can't abandon our projects, our dreams, nor our desires. On the contrary, one might speak of a "strategic withdrawal," an interruption which allows us to better understand the conditions of our projects, and our own conditions.

Wanting something means asking ourselves why we want it, what we've done so far to achieve it, what resources we can put into play to make it a reality. It might be said that to want is to be unable. It's not then a problem of will. Or not only. Sometimes it's necessary to realize that our determination can't do everything. We need to stop, reflect, take some detours, reconsider. And we also ask for help, and we re-associate ourselves. Remember that in reality, our projects are never individual, but the result of the many, of cooperation and of shared effort.

If, at the end of this year, you're going to re-write a list of New Year's resolutions, do it! Don't be discouraged if it's the third or fourth time you've done it. But, this time, approach it from this new perspective: not individually, but from a cooperative stance; not as a completed and successful project, but as a work in process; not with certainty, but with unpredictability; not as an emanation of your own will and ingenuity, but as a more humble and modest task: like the steps children take when learning to walk: trembling, hesitant, always looking for something and someone to lean on. They want to walk, but they can't. Not yet.

Image: Nocturne in Black and Gold: The Falling Rocket (1875), by James McNeill Whistler

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Faena Activities Calendar

TUESDAYS

3:00 PM

From 8:00 рм



MONDAYS

HATHA YOGA Tierra Santa Studio 10:00 AM

TWIN HEARTS MEDITATION Tierra Santa Studio

SUNSET BEACH YOGA FAENA BEACH. 5:00 PM

LIVE MUSIC & DIS THE LIVING ROOM From 8:00 рм

WEDNESDAYS

HATHA YOGA HATHA YOGA Tierra Santa Studio TIERRA SANTA STUDIO 10:00 AM 10:00 AM

TWIN HEARTS TWIN HEARTS MEDITATION **MEDITATION** Tierra Santa Studio TIERRA SANTA STUDIO 3:00 PM

Kundalini Yoga. TIERRA SANTA STUDIO. VINYL TUESDAYS 5:00 PM THE LIVING ROOM

> Live Music & Djs THE LIVING ROOM FROM 8:00 PM

THURSDAYS

HIS WIFE

Wellness Vinyasa Yoga Vinyasa Yoga Tierra Santa Studio 10:00 AM 10:00 AM

TWIN HEARTS MEDITATION MEDITATION TIERRA SANTA STUDIO 3:00 PM 3:00 PM

> SUNSET BEACH YOGA FAENA BEACH, 5:00 PM

LIVE MUSIC & DJS THE LIVING ROOM FROM 8:00 PM Entertainment SAXONY BAR FROM 10:30 PM FROM 8:00 PM THE COOK, THE THIEF, SAXONY BAR

AND HER LOVER FAENA THEATER. 8:00 PM HIS WIFE AND HER LOVER FAENA THEATER. 8:00 PM

FRIDAYS

TIERRA SANTA STUDIO

TWIN HEARTS TIERRA SANTA STUDIO

> Live Music & Djs THE LIVING ROOM FROM 10:30 PM

THE COOK, THE THIEF,

Vinyasa Yoga TIERRA SANTA STUDIO 10:00 AM

SATURDAYS

TWIN HEARTS MEDITATION Tierra Santa Studio

Live Music & Djs THE LIVING ROOM

FROM 8:00 PM SAXONY BAR FROM 10:30 PM THE COOK, THE THIEF,

> HIS WIFE AND HER LOVER FAENA THEATER. 8:00 PM

SUNDAYS

Wellness Vinyasa Yoga Tierra Santa Studio 10:00 AM

TWIN HEARTS MEDITATION TIERRA SANTA STUDIO 3:00 PM

SUNDAY ASADO

Los Fuegos 12:00 PM - 4:00 PM

THE COOK, THE THIEF, HIS WIFE AND HER LOVER FAENA THEATER, 7:00 PM

> LIVE MUSIC & DIS THE LIVING ROOM FROM 8:00 PM

Special Events & Happenings

JANUARY

1. WED

New Year's Asado Los Fuegos 12:00 PM - 4:00 PM

4. SAT

DITA VON TEESE & FRIEND FAENA THEATER Midnight

9. THU

SHAMANIC FAMILY CONSTELLATIONS TIERRA SANTA STUDIO 6:00 - 9:00 PM

10. FRI

FULL MOON MEDITATION

11. SAT

PRANIC HEALING Tierra Santa Studio 10:00 AM - 6:00 PM

12. SUN

PRANIC HEALING FAENA BEACH Tierra Santa Studio 6:00 - 8:00 PM 10:00 AM - 6:00 PM

23. THU

ASTROLOGY & AYURVEDA WORKSHOP Tierra Santa Studio

25. SAT

DAYBREAKER MIAMI

FEBRUARY

6. THU

SHAMANIC FAMILY CONSTELLATIONS TIERRA SANTA STUDI 6:00 - 9:00 PM

20. THU

FULL MOON MEDITATION SobeWFF DOME DINNER WITH CHEF FRANCIS MALLMANN

14. FRI

THE LIVING ROOM

FROM 8:00 PM

9. SUN

ASTROLOGY & AYURVEDA FOR LOVE, WORKSHOP TIERRA SANTA STUDIO 6:00 - 8:00 PM

ST. VALENTINE'S **CELEBRATION**

21. FRI

MASTER CLASS WITH

CHEF FRANCIS MALLMANN

FROM 8:00 PM

19. WED

DINNER WITH CHEF

SobeWFF

From 8:00 рм

SobeWFF BEST OF THE BEST FROM 8:00 PM 22. SAT

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22. SAT

SUPERBRAIN YOGA. Tierra Santa Studio 3:00 PM - 7:00 PM

22. SAT

ADVANCED PRANIC HEALING WORKSHOP Tierra Santa Studio 10:00 AM - 6:00 PM

23. SUN

ADVANCED PRANIC HEALING WORKSHOP TIERRA SANTA STUDIO 10:00 AM - 6:00 PM

*Calendar of Events is subject to change. Please check with the concierge to confirm days and times. For Live Music and DJs details, please check our website: www.faena.com/miami-beach/entertainment



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